

Adult Care Workers may work in residential or nursing homes, domiciliary care, day centres, a person's own home or some clinical healthcare settings. This standard cover both Adult Care Workers and Personal Assistants. Personal assistants do the same job as an Adult Care Worker and work directly for one individual usually within their own home. Working with people, feeling passionate about supporting and enabling them to live a more independent and fulfilling life is a rewarding and worthwhile job that provides excellent career opportunities.

### WHO IS THIS QUALIFICATION FOR?

This apprenticeship is suitable for those working in the care sector and can encompass a range of roles, which include:

- Healthcare support worker
- Healthcare assistant
- Care assistant
- Personal assistant
- Relief team worker
- Night care assistant
- Support worker - supported living
- Residential, domiciliary or day services
- Home care support worker
- Substance misuse worker
- Mental health support or outreach worker
- Re-enablement worker
- Activity coordinator

### KEY RESPONSIBILITIES MAY INCLUDE:

- Daily care for individuals in a care or residential home setting
- Supporting individuals to live at home
- Assisting with washing and dressing
- Handling information including care planning
- Promoting health and safety
- Practicing infection prevention and control
- Assist in the administration of medication
- Support individuals undergoing healthcare activities
- Supporting individuals in therapy sessions
- Recording and reporting on individuals

### APPRENTICESHIP OVERVIEW:

You will learn about key areas such as:

- Duty of care
- Communicating in care settings
- Responsibilities of a care worker
- Handling information in care settings
- Equality & inclusion in care settings
- Personal development in care settings
- Safeguarding & protection in care settings
- Health, safety & wellbeing in care settings
- Implementing person-centred approaches in care settings

What you will gain:

- Leadership qualities of a front line worker
- Relevant core skills education and training
- Additional activities for continuing professional development



The Health and Social Care Apprenticeships provide learners with the knowledge and skills needed to work in a variety of health and social care settings. From helping people with a particular need to providing vital assistance to healthcare professionals in the care of patients.

Participants will learn skills and techniques that will provide a lifelong vocation and enjoy a career where they provide valuable care for others.

- » 12-18 months
- » Functional Skills English and Maths Level 1
- » Care Certificate Level 2
- » Diploma in Care Level 2

### PROGRESSION:

This apprenticeship provides an ideal entry into the occupation and supports progression within the sector. The Lead Adult Care Worker Level 3 Apprenticeship will develop your skills further and enhance your career prospects in the adult care sector.

At Sigma UK Group we are committed to inspiring you to succeed and are here to support you throughout every stage of your Apprenticeship.